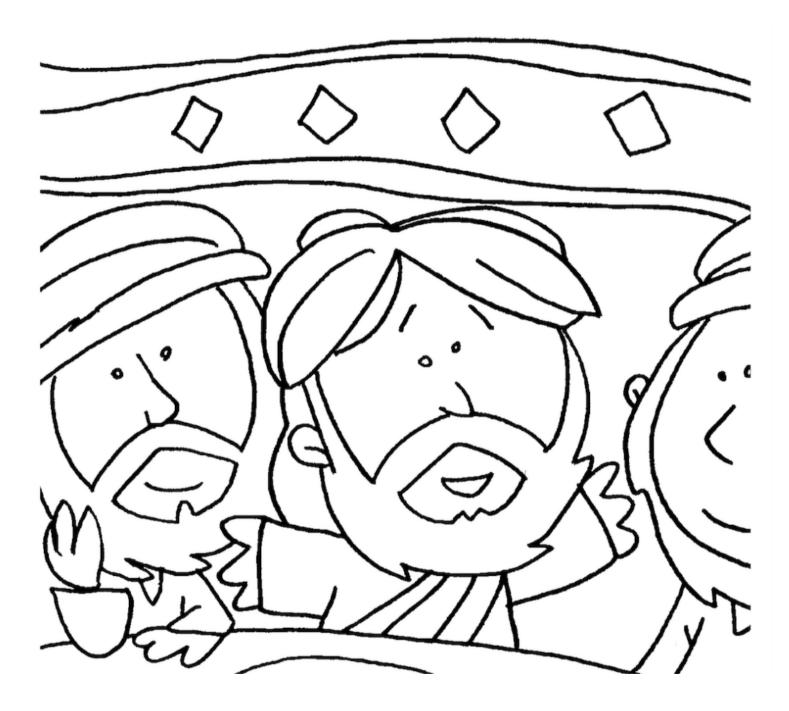


SUNDAY GOSPEL ACTIVITIES

Third Sunday of Easter | Luke 24:13-35



"Were not our hearts burning within us while he spoke to us on the way and opened the Scriptures to us?"

SUNDAY GOSPEL ACTIVITIES



This week we celebrate the Third Sunday of Easter. In this week's Gospel from Luke, Jesus appears as a stranger after his crucifixion to two of His disciples traveling to the village of Emmaus. The disciples do not recognize Jesus because Jesus has "veiled" their eyes so they will not know him.

The disciples begin talking to the stranger - they are confused! They have heard that Jesus' body is gone, and that some of the women encountered angels in the tomb - but they do not know where their Lord has gone! Jesus begins speaking to them of the old testament - and the new. He weaves for them a beautiful tapestry of the words of all the prophets and all that had been foretold about the Messiah. When they reach their destination, the disciples invite this stranger to stay with them - and he accepts. Once they are seated, He takes bread, blesses it and in that moment - the disciples recognize Jesus! Their friend and teacher! In the breaking of the bread - in the Eucharist - Jesus reveals himself to them.



★ Since we are not able to celebrate the Eucharist in many places in the world due to COVID-19, this week re-create the breaking of the bread with your family. Read this Gospel, and find the Gospel passage about the Last Supper. Imagine that you are a disciple at both events. How would you feel when you discover Jesus with you after His death on the cross?

★ Trace the prayer on the next page and know that Jesus is always with us even if we are not able to receive the Sacrament of the Eucharist! Nothing can seperate us from our Lord when we truly unite our souls to His.

★ Find a way to be His disciple this week! By spreading love, kindness and forgiveness in our homes, our extended family and all we encounter, we bring the love of Jesus to others. Help out your parents without being asked to do so, find time to write an old fashioned letter to someone who is alone. Take time EVERY day to sit in silence and invite Jesus into your day, your home and your life!





MY JESUS,

I BELIEVE THAT YOU ARE PRESENT IN THE MOST BLESSED SACRAMENT

I LOVE YOU ABOVE ALL THINGS, AND I DESIRE TO RECEIVE YOU INTO MY SOUL.

SINCE I CAN NOT RECEIVE YOU SACRAMENTALLY, COME AT LEAST SPIRITUALLY INTO MY HEART.

I EMBRACE YOU AS IF YOU ARE ALREADY THERE, AND UNITE MYSELF WHOLLY TO YOU.

NEVER PERMIT ME TO BE SEPERATED FROM YOU.

AMEN

Prayer of Spiritual Communion, Word on Fire, Daily Mass, Bishop Robert Barron. https://www.wordonfire.org/daily-mass/

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